

2023 Men's 120m Bay Sheffield Form Guide

Name	Age	Coach	Suburb/State	Handicap
Hamish Adams	25	Todd Ireland	North Croydon VIC	7.50m
Runner-up in the 2018 Stawell Gift (12.21s off 9.50m), he has victories in the 2019 St Albans 120m Gift (12.60s off 7.0m) and 2020 Bendigo 120m Gift (12.50s off 7.0m). It has been lean pickings since. Ran 2 nd in his Terang 120m Gift heat 2/12/2023 in a pedestrian 13.39s. Appears to be off his best.				
Will Adams	20	Daniel Sammut	North Gosford NSW	6.50m
Second year NSW athlete with only a few results. Ran 6 th in his heat of the Cobden 100m 14/12/2023 (11.48s off 5.25m) & was 6 th in his semi-final of the Newcastle 100m Gift (10.87s off 5.25m). He made the final of the Terang 70m. Prefer on Day One in the 70m.				
Hayden Anderson	20	Kevin Lubek	Nagambie VIC	6.50m
Novice runner – ran 8 th in a semi-final of the Waverly 100m 10/12/2023 in 11.05s off 5.00m. Fair way off the pace at Waverley. Prefer in the 120m Restricted on Day One.				
Nicholas Antonino	22	Nick Fiedler	Croydon North VIC	6.25m
2 nd in the 2022 Stawell Gift (12.2 off 8.75m) he has won the Hastings & Rye Gifts the last two years. Waverley 100m Gift 10/12/2023, 6 th in the heat off 5.25m in 11.25s. Form not at Stawell level.				
Marcos Arbon	18	Peter Burdett	Queenstown SA	9.50m
Won the Crystal Brook 70m (7.65s off 5.75m) but only ran 3 rd in his Crystal Brook 120m Gift heat (12.71s off 9.0m). Ran 4 th in his PreBay 120m Gift heat (13.17s off 9.25m). Prefer in the 70m.				
Ryan Atkins	26	Dylan Hicks/Gaby Philis	Trott Park SA	6.00m
Won the 2016 Bay Sheffield (12.45s off 7.50m) then took out the Camden 120m off 4.0m before winning the 100m state title in 2017 in 10.88s. Ryan has improved his 100m/200m/400m PBs to a very respectable 10.80s/21.57s/48.00s. Ran 6 th in the Brighton 100m Gift (10.99s off 4.75m). Concentrating on 400s and doesn't have the sharpness he had in 2017.				
Sebastian Baird	27	Paul Young	Black Forest SA	6.25m
2 nd in the 2021 Stawell Gift he has suffered several setbacks the last 2 years preventing him from training to the level he needs to. Has run spasmodically this season and been off the pace.				
Corey Baker	31	Paul Young	Happy Valley SA	9.75m
Recently turned 31yo, he was running well a month ago, looking a genuine contender with a 2 nd place in the Port Adelaide 100m (10.23s off 8.m) and a brilliant first 90m of the Warrnambool Gift semi, before he felt a hamstring twinge. Denied a chance to earn a spot in the Bay Sheffield final last year due to a tough semi draw, it would be fantastic to see him finally get there. Depends on how his hamstring holds up on Colley Reserve.				
Trent Bennetta	16	Peter Burdett	Alice Springs NT	6.00m
NT athlete making his SAAL debut. Has a 100m PB of 11.27sec from 08/09/2023. He did run a wind assisted 10.98s (W: +2.6) on 8/12/2023 so the lad can run! One to watch for the future.				

Kian Bird **22** **Charles Sheffield** **Grange SA** **8.25m**

Was an excellent junior with victories in both the 2018 Under Boys 120m Bay Sheffield and the 2019 Under 18 Boys 100m at Stawell. Won a state 400m title in 48.04s and has a 200m PB of 21.92sec. Made the Crystal Brook 120m Gift final in October and was 5th in the Brighton 100m (10.96s off 6.75m) but failed to make the PreBay final. Not running up to PB shape but should be competitive in the semis.

Samuel Blyzno **21** **Debbie Meich** **Flagstaff Hill SA** **10.75m**

Won the 2021 Mt Gambier Gift (12.56s off 12.25m). He was 2nd at Crystal Brook in January 2022 (12.31s off 12.0m). At Stawell 2023 Sam ran 2nd in the 200m final running 20.09s off 17m. He opened the season with a 5th place in the Marion 120m 8/10/2023, (12.46s off 10.75m). Last start at Waverley 10/12/2023, he only ran 4th in his heat (11.13s off 6.75m). Hard to gauge where he is at, but based on Marion, he is a serious contender for a final spot.

Timothy Blyzno **21** **Debbie Meich** **Flagstaff Hill SA** **7.25m**

Won the \$5000 Port Adelaide 100m Gift in November 2022 (10.30s off 7.0m), picking up his third Gift win in 12 months after wins at Marion (12.47s off 10.50m) and Burnside (12.45s off 9.0m). At Waverley he only ran 7th in his 100m heat (11.25s off 6.0m). Now back in the marks, his form hasn't been as good as it was 12 months ago.

Dylan Boyce **18** **Luke Buchanan** **Aberfoyle Park SA** **10.00m**

Enjoyed multiple victories in Under 18 Boys events including three wins over 120m at Mt Gambier in 2021, Victor Harbor in March 2022 and Burnside in November 2022 (13.26s off 7.00m). Started off the season in serious form running 2nd at Marion (12.39s off 10.0m) and 2nd at Crystal Brook (12.34s off 10.0m). Didn't make the Port Adelaide 100m final but did run 3rd in the 60m (6.60s off 5.5m). One of 4 athletes in the double-digit handicap range who will be vying for a coveted spot in the final.

Kyle Briggs **19** **Paul Young** **One Tree Hill SA** **6.00m**

Promising debut at Marion running 2nd in the Novice 120m however has suffered a string of injuries that have interrupted his preparation. Has a 100m PB of 10.95s as a 17yo & ran 7.05s for 60m last month. Lacks the race condition but could go OK in the 120m Restricted.

Javon Brijmahon **18** **Andrew Chandler** **Somerton Park SA** **4.75m**

Won the 2021 Bay Sheffield (12.34s off 8.75m). Back in the marks and struggling to get past a heat. Ran 3rd in his heat of the Brighton 100m in 11.32s off 4.0m and 4th in his heat at PreBay (13.33s off 4.75m). Still eligible for the under 18s event which is his best chance for a final.

Kevin Brittain **34** **Self Trained** **Geelong VIC** **9.50m**

Dual Stawell Gift finalist in his heyday. Won the Mt Gambier 70m (7.71s off 6.25m) 25/11/2023. Backed up with 3rd in the Mt Gambier 120m Gift (12.90s off 9.25m). Only managed 6th in his Waverley 100m semi-final (10.80s off 7.75m). Mt Gambier run suggests he will be competitive.

Matt Burleigh **27** **Todd Ireland** **Croydon Hills VIC** **8.75m**

Well performed pro runner over distances up to 400m. A Bay Sheffield finalist (5th) in 2018 off 10.00m. Won the Hastings Gift in 2021 (12.70s off 9.25m) before running 12.28s (9.75m) in his heat at Stawell. Just missed the Stawell final that year. Recent form hasn't been at the 2021 level – only managed 3rd in his heat of the Terang 12m Gift (13.04s off 8.25m).

Oliver Callahan **26** **Debbie Meich** **Adelaide SA** **7.00m**
Won the Henley Gift back in 2016 as a 16yo (12.64s off 7.5m). 2019 Bay Sheffield finalist (5th off 6.75m in 12.47s). Ran a 100m PB off 10.84s in March 2022. Has raced sparingly but appears to be in good form, running 10.93s (+1.3) on 21/10/2023 at ASA interclub, and 3rd in the Port Adelaide 100m (10.24s off 5.75m). If he runs to PB shape, he's a chance to be in his second Bay Sheff final.

Ryan Camille **34** **Nick Fiedler** **Wheelers Hill VIC** **9.25m**
Another seasoned pro with numerous big gift finals to his name including 6th in the 2018 Bay Sheffield off 9.75m. He won the Bay Sheffield Restricted in 2012. Last time he placed in a Gift was 3rd at Euroa in March 2022 (12.44s off 10.50m). Only ran 3rd in his Waverley Gift heat (11.04s off 7.50m) 10/12/2023. Not quite in the same form he was in 2018.

Alexander Chan **26** **Andrew Beck** **Somerton Park SA** **6.50m**
Second year athlete who burst on the scene last year with an impressive win in the Novice 70m at Brighton. Won his first 120m Gift at Kensington 15/10/2023 (12.5 off 6.50m). Ran 2nd in the Keith Patching Sprint (7.71s off 3.75m). Last start he was 4th in the PreBay 120m Gift (12.52s off 6.00m). Goes forward 0.50m from his PreBay mark – puts him in contention for a final spot.

Joe Chigwidden **18** **Charles Sheffield** **Somerton Park SA** **9.50m**
Won the Under 18 Boy's Bay Sheffield in 2021 but is struggling for form this season. Only ran 5th in his heat in 11.51s off 7.75m in the Brighton 100m 14/12/2023 and 4th in his heat at PreBay (13.41s off 9.25m). Prefer in the Restricted 120m.

Jesse Cordoma **28** **Paul Young** **Kurralta Park SA** **8.25m**
2022 Bay Sheffield finalist, his biggest wins have come interstate with the 2019 Bunbury Gift (WA) and 2021 Geelong 100m Gift. Recently finished 3rd in the Brighton 100m Final 14/12/2023 (10.81s off 6.75m). Ran OK at PreBay just missing the final (3rd in his semi-final off 8.00m in 12.59s). He has had issues with his knee this season but is getting better & more confident with every run.

Hayden Crowe **19** **Paul Young** **Burrungala SA** **5.75m**
2021 Bay Sheffield finalist (6.50m) then won the Reynella 120m Gift in January 2022 off 6.0m. Struggled with injury this season, only managed 4th in his heat at Brighton (11.12s off 4.75m). Only managed 13.12s off 5.75m in his heat at PreBay.

Anjo Custodio **23** **Paul Young** **Ingle Farm SA** **7.50m**
Novice athlete has run second in two novice 70m races this season at Flinders & Brighton (8.05s off 4.0m). Ran 2nd in his heat of the Brighton 100m in 11.29s off 5.75m and 5th in his heat at PreBay (13.20s off 7.00m) Prefer in the 120m Restricted on Day One.

Owen de Vries **22** **Shane McKenzie** **Ringwood East VIC** **8.00m**
Novice athlete who was a fair way back at Gifts in Terang - 120m (14.15s off 7.0m) and Waverley - 100m (12.32s off 5.75m). Prefer his chances on Day One.

Max Disbury **17** **Andrew Chandler** **Somerton Park SA** **7.75m**
Won the Under 18's 300m at Marion but hasn't featured much in the shorter events. Ran 4th in his heat of the Brighton 100m in 11.78s off 6.0m. Prefer in the Under 18's 120m.

Jack Doney **26** **Angus Brock** **St Peters SA** **5.75m**

Very good A grade sprinter in the amateur ranks with a 100m PB of 10.70s (W: +1.8) in March 2023. He won the Camden 120m in February 2023 and most recently won the Brighton 100m Gift 14/12/2023 (10.62s off 4.75m). Then ran 4th in the Keith Patching 70m Sprint, which meant he had 5 races on the night. A two-week taper post Brighton & he will be cherry ripe for this.

Benjamin Driver **19** **Self Trained** **Aberfoyle Park SA** **7.25m**

Novice athlete with little form to go on. Ran 5th in his heat of the PreBay Gift (13.58s off 7.00m) about 8m away from the winner of the heat. Can't see him getting past the heat stage.

John Evans **26** **Paul Young** **Kurralta Park SA** **8.25m**

Well performed athlete including wins in the Port Adelaide, Brighton & Kensington Gifts in 2016/2017. Has not won a Gift since Kensington although he has been competitive on occasions making finals in some of the VAL carnivals. Ran 3rd in his heat of the Brighton 100m off 7.00m in 10.95s, just missing the final. Yet to make the Bay final and form suggests he will miss again.

James Forrest **24** **Darren Kynaston** **Warner QLD** **9.50m**

Formerly from SA, now residing in Queensland. Won a minor 120m race in Ipswich in 2022, but hasn't made a final in races in the VAL or SAAL. Hasn't got past a heat this season and only ran 11.67s for the 100m in a recent AQ event. Prefer on Day One.

Cailen Hejka **22** **Dylan Hicks/Gaby Philis** **Happy Valley SA** **5.50m**

Kicked off his career in 2021 with a victory in the Marion Novice 120m. Made the final of the Bay Sheffield in his first season (4th in 12.53s off 6.75m). Last year he won the PreBay 120m Gift at Colley Reserve (12.26s off 6.75m) before running 2nd in the Bay Sheffield (12.31s off 6.75m). Produced another solid performance in the PreBay 120m on 17/12/2023 finishing 3rd (12.48s off 5.25m). Goes into the event in great form and could make a third consecutive final.

Hugh Hoffman **22** **Todd Ireland** **Ballarat VIC** **9.25m**

One of the few interstate athletes coming to the Bay with winning form after a superb victory in the Waverley 100m 10/12/2023 (10.45s off 7.50m). A week earlier he was 3rd in the Terang Gift (12.53s off 9.25). He gets a bonus for Stawell where his mark is 10.0m. So, this becomes a free hit for him. Unlikely to win off 9.25m but this is the perfect dress rehearsal for his tilt at the 2024 Stawell Gift.

Hamish Hopkins **19** **Shane McKenzie** **Warranwood VIC** **8.00m**

Second year novice who ran 3rd in the Bill Howard 100m Restricted at Stawell, earlier this year (10.71s off 10.00m). Only managed 4th in his heat of the Waverley 100m Gift 10/12/2023 (11.22s off 5.75m). Made the 70m semis, so best chances lie with the events on Day One.

Harrison Hunt **24** **Dylan Hicks/Gaby Philis** **Seacombe Gardens SA** **2.50m**

The most successful Bay Sheffield man at the meet with a victory in 2018 (12.22s off 3.75m) and second in 2017 and 2021 (12.38s off 3.25m). Easily won the 2019 Warrnambool Gift off the same mark he has here (12.38s off 2.50m). Only 1.25m back from the mark he won off as an 18yo and clearly improved since then. Ran 4th in the Brighton 100m (10.93s off 2.0m). Might get squeezed out of contention for the final. Should go well in the backmarkers 120m invitation, which he won last year.

Darcy Ireland **21** **Todd Ireland** **Warrandyte South VIC** **9.50m**

Won the Bill Howard 100m Restricted at Stawell in 2019 (10.39s off 11.75m). Won the 2020 Rye 70m and the Stawell 400m frontmarkers this year. Last 120m Gift he contested was Terang 03/12/2023 (14.07s off 9.00m). No Gift form of note.

Jake Ireland **23** **Todd Ireland** **Warrandyte South VIC** **5.00m**

Won the Bay Sheffield 120m Restricted in 2018, at his first visit to Colley Reserve. Massive WOW factor when he scorched the earth, running 12.01sec off 8.75m to win the 2021 Wangaratta Gift. Went back to 6.25m and ran a brilliant race to snaffle 5th in the 2021 Stawell Gift final (12.33s off 6.25m). Ran 4th in the 2022 Bay Sheffield (12.45s off 450m). Unfortunately, Jake suffered an injury at Terang 3/12/2023 and got a 14-day holiday from the stewards. Might lack race fitness for this.

Blake Jones **22** **Debbie Meich** **West Beach SA** **8.50m**

Has a very respectable 400m PB of 48.07s (4/3/2023). Won the 2022 Camden 120m in February (12.64s off 8.25m). Off the back of a 200m PB of 22.04s, he came into the carnival in decent shape winning the Bay Sheffield 70m off 6.25m. Injured at Marion he has taken a while to get back on the track. Struggled at PreBay (5th in his heat in 12.86s off 8.25m).

Kristerfer Kardakovski **32** **Self Trained** **Epping VIC** **11.00m**

Prolific Gift finalist, his last win was the 2019 Geelong 100m Gift (10.59s off 9.25m). Has scratched a lot in the last 12 months due to niggling injuries. He was 6th in the Warrnambool Gift 2/12/2023, (12.84s off 11.25m) but only ran the 70m at Waverley. Comes back to the 11.0m limit so meets many of his fellow Vics worse off. Prefer in the 70m on Day One.

Harrison Kerr **24** **Nick Fiedler** **Bayswater North VIC** **2.75m**

Enjoyed a successful trip to the Bay in 2016 winning the 120m Restricted (12.20s off 9.50m) 2nd in the 70m and making the Bay Sheff final. Comprehensively won the 2022 Stawell Gift (11.85s off 9.25m). Ran well in the Bay Sheffield backmarkers last year (2nd) and has been in good form off tight marks in the VAL. Ran 2nd in the Waverley 70m 10/12/2023. Ran 8th in the Waverley 100m semi-final (11.11s off 2.0m). Running well - has a chance in the 70m and a lane in the backmarkers.

Olufemi Komolafe **19** **Paul Young** **Burnside SA** **6.50m**

Opened the season with a terrific win in the Marion 120m Novice (12.9 off 6.0m). Ran 4th in the Burnside 120m Gift final (12.7 off 6.50m). Ran 8th in the Brighton 100m Gift final 14/12/2023 (10.94s off 5.50m). Promising athlete who should go well in the Restricted 120m on Day One.

Harry Kowal **19** **Peter Burdett** **Wynn Vale SA** **10.50m**

Won the 120m Restricted & Under 18 Boys 120m (13.12s off 8.25m) double at the 2020 Bay Sheffield carnival. Much taller and stronger now days, he ran OK at PreBay finishing 4th in his heat (12.71s off 10.50m). Probably not ready for this but has got ability so one to watch for the future.

Nicholas Krznaric **28** **Peter Burdett** **Adelaide SA** **11.00m**

Burst on the scene in 2016, impressively winning the 70m Novice (7.71s off 5.50m) at the PreBay carnival. Hasn't done a lot since making the occasional final. Best recent 120m gift performance would be his 5th place at PreBay 17/12/2023 (12.67s off 11.75m). Mark comes back to the limit so unlikely to be in contention for the final.

Jack Lacey **25** **Nick Fiedler** **Bayswater North VIC** **8.75m**

Won the 2015 Junior Bay Sheffield U/18s (13.11s off 8.0m). Won the 2016 Bendigo Black Opal 400m (44.99s off 34m). Took some time off and returned in 2021. Ran 2nd in the Stawell 70m this year. Has some good form over the Gift distance and will be competitive in the semis.

Sami Latu **21** **Nick Fiedler** **Wantirna South VIC** **6.00m**

Making his pro debut at the Bay Sheffield. Nunawading amateur athlete he ran 11.83s for 100m 11/3/2023. Prefer in the 120m Restricted on Day one.

Steven Lester **32** **Shane McKenzie** **Ringwood VIC** **11.00m**

Second year athlete yet to make a mark in gift running, he was unplaced in his heats of the 100m at both Geelong (11.46s off 7.50m) and Waverley (11.30s off 8.25m). Prefer in events on Day One.

Anthony Lieu **25** **Debbie Meich** **West Brunswick VIC** **8.00m**

Second year athlete, formerly from SA, now in Victoria. Yet to make it out of a heat, he was unplaced in heats at Geelong (12.17s off 5.0m) and Waverley (11.94s off 5.25m). Prefer in events on Day One.

Patrick Martin **28** **Peter O'Dwyer** **Nerrina VIC** **8.25m**

Ballarat lad whose biggest win to date was the Stawell Backmarkers 400m this year (46.02s off 21m). Ran a decent time in the 2022 Stawell Gift heat (12.41s off 8.25m) before recording 12.72s in the semi-final. Ran 3rd in the Shepparton Gift in March (12.52s off 8.0m). He was 8th in the Geelong 100m Gift final 18/11/2023 (10.79s off 6.35m). Goes forward 0.75m on his VAL mark. If he reproduces his 2022 Stawell Gift form, he is a huge chance for the final.

Thomas McClure **23** **Andrew Beck** **Rose Green SA** **6.25m**

Winner of the Crystal Brook Gift in his only second start, smashing the event target time (12.40s) with a blistering 12.25s off 6.25m. Previous week he could only manage 4th place in the Burnside 120m Gift semi-final (12.73s off 6.00m). Has only competed at Port Adelaide since. Hard to beat based on his Crystal Brook run.

Joseph McKinnon **20** **Debbie Meich** **Marino SA** **10.00m**

Has had an outstanding season to date, winning four races over 4 different distances the Marion 300m, Flinders 200m, the Port Adelaide 100m Gift (10.15s off 9.50m) and the PreBay 120m Gift (12.31s off 10.00m). Has winning form and would be in the top 3 chances.

Michael Moschou **19** **Paul Young** **Flinders Park SA** **2.00m**

One of the most exciting talents to emerge from the pro scene in decades. Brilliant winner of the 2022 Bay Sheff (12.21s off 5.25m). He became the first man to win the 120m Restricted/120m Bay Sheffield since Darren Kappler in 1985. Two weeks ago, he became only the third athlete to win the prestigious Keith Patching 70m Sprint from behind 3.0m (7.67s off 2.50m) joining Todd Bateman (2.50m in 2008) and Harrison Hunt (2.25m in 2018). This season he ran 4 consecutive personal bests over 60m (6.83s), 100m (10.69s), 200m (21.30s) & 400m (48.45s). Took a hefty pull in the marks after the Bay Sheffield but is gradually getting better to where he can be in the mix.

Liam Moss **26** **Rick Treleaven** **Glen Osmond SA** **4.50m**

One of the best in SA with very good 100m/200m PB's of 10.59s/21.38s. Three-time Bay Sheffield finalist in 2016, 2018 (3rd) and 2019 (4th off 4.25m in 12.43s). Made the Terang Gift final (4th off 4.50m in He only managed 5th in his heat of the PreBay 120m Gift (12.73s off 4.50m). Will be there abouts and, with improvement, a fourth Bay final is not out of the question.

Aidan Murphy **20** **Dylan Hicks/Gaby Philis** **Sefton Park SA** **1.75m**

South Australian state 100m & 200m record holder with elite level times of 10.33s & 20.41s. Competed in the 2023 World Championships in Budapest running 20.9s in the 200m. Ran with the SAAL as a junior but hasn't yet as a senior athlete. Ran 2nd in the 2022 Burnie Gift (12.20s off 2.0m). Ran 20.95s recently at an ASA competition. Might lack race conditioning but has the PB's to suggest he could do some damage off this mark.

Noah Nakagawa **18** **Daniel Sammut** **Terrigal NSW** **6.00m**

Novice athlete made his debut at Newcastle 17/12/2023. Nice run first up – 4th in his 100m heat (11.0s off 5.0m). Won his heat of the 300m & finished 4th in the final (35.83s off 10.0m). Clearly has some talent and won't be long before he is competitive in the VAL Gifts.

Fejiro Omuvwie **31** **Darren Kynaston** **Bahrs Scrub QLD** **2.50m**

One of the class interstaters in the field with a legal 100m PB of 10.44s. Won the 2018 Warrnambool Gift off 5.0m then took out the prestigious 2020 Maryborough Gift (12.35s off 3.50m). Ran 5th in the 2021 Ballarat Gift (12.48s off 1.75m). Suffered a debilitating quad muscle injury last year which he is yet to recover from. Last few 100m starts he hasn't broken 11sec. Unlikely to get past the heat.

Tapasu Paea **23** **Scott Rowsell** **Kings Park SA** **6.75m**

Lightning off the mark he has made several finals over 70m including two wins at Castlemaine 2 years apart – in 2021 he ran 7.57s off 3.50m & in 2023 (7.64s off 3.50m). He was 7th in the Shepparton Gift in March (12.72s off 6.75m). Did not make the final of either Geelong 100m (11.14s off 5.50m) nor Waverley 100m (10.77s off 5.50m). Should go well in the 70m on Day One.

Michael Papanotis **20** **Charles Sheffield** **West Lakes SA** **10.50m**

Won the Kensington Gift as a 15yo off 14.75m in 12.44sec. Ran 3rd in his heat of the Brighton 100m (11.10s off 8.75m) & 4th in a heat of the Port Adelaide 100m (10.71s off 8.75m). Prefer in events on Day One.

Aaron Peter-Budge **21** **Shane McKenzie** **Mitcham SA** **6.00m**

Has a decent 100m PB as an 18yo in October 2019. Won the Novice 70m and ran 2nd in the Open 70m at Hastings on debut in November 2019. Opened the season with a 3rd place in the 70m before winning the Mortlake 120m Gift 15/10/2023 – 12.67s off 6.0m. Has a bonus for Stawell so like Hugh Hoffman he is coming here with a free hit at a major gift.

Leigh Phelan **48** **Tim Rosen** **Brighton East VIC** **11.00m**

Fantastic masters athlete still competitive at open Gift level. Last 120m win was the 2019 Parkdale Over 35s 120m (13.45s off 3.0m). Ran OK at Mortlake – 2nd in his 120m Gift heat off 10.0m in 13.25s. That was his last run over the distance. Only contested the 70m at Waverley. Prefer in the Over 35's.

Xavier Poole **19** **Frank McHugh** **Aberfoyle Park SA** **10.75m**

Prolific sash winner with 14 and still only 19yo. Won the Victor Harbor 120m Gift in March 2022 (13.04s off 10.75m) and commenced the 2022/2023 season off 10.50m. Won the 60m at Port Adelaide off a mark and in a time to suggest he would have gone very close to winning the 100m the same day. Was a close 2nd to training partner Hayden Rothe at Mt Gambier. Goes forward 0.25m and if he is fit and capable of getting up the track, he has a massive chance.

Daniel Quattrone **21** **Chris Vi** **Preston VIC** **9.50m**

Better known as a 300/400 athlete his last win was the 2022 Hastings 300m (34.88s off 34m). He also won the 2021 Wangaratta 400m. Yet to make a mark over 120m, he ran 6th in his 2023 Stawell Gift heat (12.92s off 9.50m). Hasn't contested a 120m race this season, now coached by 2021 Bay Sheff finalist Chris Vi so if he gets to the start line, it will be interesting to see how he goes.

Luke Rigby **18** **Paul Young** **Aldinga SA** **9.00m**

Second year athlete he won the Brighton novice 70m on 14/12/2023. Made the Mt Gambier Gift final in a depleted field. Ran 6th in his semi at PreBay (13.03s off 8.75m). Not ready for a major gift, prefer in the 120m Restricted on Day One.

Lachlan Sands **16** **Charles Sheffield** **Semaphore SA** **8.00m**

Very promising junior footballer who was part of the Under 16 state team this year. He ran 22.44 for 200m at the national All Schools champs on 10 Dec 2022 so the lad can run. Ran 5th in his heat of the Brighton 100m - 11.47s off 6.25m. Recent form suggests his best chances is the Under 18 Boys 120m.

Tristan Scheirs **23** **Brad Armstrong** **Brighton VIC** **6.50m**

Elite level triple jumper he ran 2nd in the 2020 Bay Sheffield on his pro running debut (12.3 off 8.50m). He has made numerous quality gift finals without a win. Legal 100m PB of 11.02s but has a wind assisted 10.75s (+4.9) from March 2020. Ran 4th in the Mt Gambier Gift (12.90s off 6.00m) and only ran 2nd in his Waverley 100m heat (11.01s off 5.00m). I suspect he will be a lot faster at the Bay. Goes forward 0.50m & is a huge chance to be in the final.

Tomas Semmler **24** **Andrew Beck** **Blair Athol SA** **6.00m**

2019 Bay Sheffield winner (12.33s off 8.0m) has been inconsistent in gifts over the last two seasons losing 3m between semi and final at the last two Burnside 120m Gifts. Much better run at Port Adelaide where was 4th in the final (10.32s off 4.75m). Winner of two Keith Patching 70m Sprints, he has a generous mark for a guy with a 100m PB of 10.69sec and should be vying for the final, but doesn't appear to be running as well as his stablemates – Alex Chan & Tom McClure.

Ryan Singleton **34** **Daniel Sammut** **Ourimbah NSW** **8.00m**

Joined the sport late in life he has been competitive in 70m events. Won the 70m at Macksville (7.73s off 4.75m). Ran 5th in his Macksville Gift semi-final (13.26s off 6.75m). Son of the great Paul Singleton who is the only man to run 1st (1984) 2nd (1983) & 3rd (1995) in the Stawell Gift. Should be in the Bay Sheff semis, but best chance of a final is on Day One.

Max Tracey **25** **Frank McHugh** **Atlanta, Georgia USA** **7.00m**

An American baseballer from Atlanta Georgia, he only arrived back in Australia a few weeks ago. Immediately had an impact with a brilliant 2nd place in the PreBay 120m Gift (12.36s off 7.50m). He ran in last year's race but appears to be in better shape this time round. He won the Barossa 120m towards the end of last season before going back to the USA to play baseball. Definitely a chance for the final.

Mitchell Tucker **28** **David Gross** **Warradale SA** **10.75m**

Won the 2016 PreBay Gift at Colley Reserve (12.40s off 8.00m) & made numerous finals since but hasn't been able to add to his 120m gift tally. Last win was the Flinders 200m in 2020. Eye catching run at Brighton 14/12/2023 where he won his heat (10.78s) easily before losing 3m in the final (11.10s off 9.0m). Looked the winner of the PreBay Gift after he ran 12.31s in the semis before clearly breaking and losing 1m. Ended up last in 12.74s. Has catapulted into calculations off the back of the last 2 starts. One of the top 5 contenders.

Aubery Watson **16** **Robert Duynhoven** **Purnim West VIC** **8.25m**

Very talented junior he was 3rd in both the Under 18s 100m and the Bill Howard Restricted 100m (10.61s off 9.0m) at Stawell in 2022. He returned to Stawell in 2023 and ran 4th in the Bill Howard (10.78s off 6.50m) and 3rd in the Arthur Postle 70m (7.64s off 6.0m). Most recent Gift run he was 2nd in his heat at Terang 3/12/2023 – 13.03s off 7.75m. Prefer in the 120m Restricted on Day One.

Daniel White-Alikakos 31 Andrew Muhlan Camberwell VIC 8.75m

Ran in the Bay Sheffield in 2011 then didn't return until 2022 where he was a long way back in his heat (13.49s off 6.0m). He ran 5th in his 2023 Stawell Gift heat (13.29s off 7.75m). Recent form has been solid 7th in the Terang Gift final (12.69s off 7.75m & 5th in the Waverley 100m Gift (10.76s off 6.25m). Goes forward a metre from his VAL mark so should be competitive.

Cooper Williams 23 Charles Sheffield Brighton SA 10.00m

Well performed over the Gift distance with wins in the 2020 PreBay 120m Gift, and the 2022 Crystal Brook 120m Gift before he ran 2nd in the Loxton Gift off 9.0m a few weeks later. He hasn't competed much this season. He caught the eye of the stewards at Pre Bay with his semi run in the 120m Gift on 17/12/2023. (5th in the semi final in 12.73s off 10.00m). Tipping he will run a tad faster than 12.73s on the 28th December. One to watch.

Corey Williams 33 Self Trained Kilsyth VIC 11.00m

Ran up to 2017 then had 6 years off, resuming in January 2023. Has taken time to get race fit but has looked good in 70m races this season with a 5th place at Cobden (7.95s off 8.25m) and again at Waverley. Scratched from both the Warrnambool & Terang Gifts where his allotted mark was 11.50m. Cited in the steward's report as injured at Waverley so may not be 100% for this.

James Withnall 17 Paul Taylor (SA) Birdwood SA 7.00m

Young athlete with serious potential – has a 10.95sec 100m PB. In his SAAL debut he won the Loxton Under 18's 120m then ran 5th in the Loxton Gift Final (12.99s off 6.0m). He ran 4th in the Mt Gambier semi final (12.80s off 6.50m). Should go well in the Restricted 120m on Day One.