



## DAY 1 SCHEDULE – WEDNESDAY 27 DECEMBER 2023

*NOTE: Live program available on race day at [www.saal.org.au/program](http://www.saal.org.au/program)*

<b>TIME</b>	<b>EVENT</b>	
1:15pm	Acknowledgement of Country	
1:20pm	120m Under 14	3 Heats
1:35pm	120m Little Athletics Girls	2 Heats
1:45pm	120m Little Athletics Boys	2 Heats
1:55pm	120m Restricted	7 Heats
2:30pm	70m Women	7 Heats
3:05pm	70m Men	9 Heats
3:50pm	<i>Official Break</i>	
4:10pm	300m Under 14	2 Heats
4:20pm	300m Over 30 Women	2 Heats
4:30pm	300m Over 35 Men	4 Heats
4:50pm	550m Under 18 Boys	2 Heats
5:00pm	550m Women	2 Heats
5:10pm	800m Men	3 Heats
<b>5:25pm</b>	<b>120m Under 14</b>	<b>Final and Presentation</b>
<b>5:35pm</b>	<b>120m Little Athletics Girls</b>	<b>Final and Presentation</b>
<b>5:45pm</b>	<b>120m Little Athletics Boys</b>	<b>Final and Presentation</b>
5:55pm	120m Restricted	2 Semis
6:05pm	70m Women	3 Semis
6:20pm	70m Men	3 Semis
6:35pm	<i>Official Break</i>	
7:00pm	Master's Association 800m	Final and Presentation
7:10pm	3200m Open	Straight Final and Presentation
7:25pm	300m Under 14	Final and Presentation
7:35pm	300m Over 30 Women	Final and Presentation
7:45pm	300m Over 35 Men	Final and Presentation
7:55pm	550m Under 18 Boys	Final and Presentation
8:05pm	550m Under 18 Girls	Straight Final and Presentation
8:15pm	550m Women	Final and Presentation
8:25pm	120m Restricted	Final and Presentation
8:35pm	800m Men	Final and Presentation
8:45pm	70m Women	Final and Presentation
8:55pm	70m Men	Final and Presentation